# GREAT HOUSE | BREAKFAST MENU

# GREAT HOUSE BREAD BASKET | 10

A choice of Daily assortment of breakfast pastries: muffins, danish, croissant, cinnamon rolls, bagels, white or wheat bread

(Served with: butter, honey, jam and cream cheese)

# FRUIT, YOGURT, AND CEREALS

Fresh sliced fruit plate | 8

Yoghurt with berry compote | 8

Cereal varieties with whole or soy milk | 8

#### JUICES, COFFEE, AND TEA | 4

Orange, Grapefruit, Apple, Pineapple, Cranberry

Tea - Japanese Sencha, Organic Peppermint, English Breakfast, Earl Grey Supreme

#### SPECIALTY COFFEE

Cappuccino | 6 Espresso | 4 Latte | 6

# **CHEF SPECIALTIES**

# ENGLISH BREAKAFST | 18

fried egg, sausage, bacon, beans, grilled vegetables, toasted bread, and herbed dusted tomato

#### EGG FRITTATA | 14

Italian rustic style with sauteed vegetables, topped with soft cheese

# EGG BENEDICT | 18

Poached eggs with a choice of crispy bacon, honey ham, or salmon, with hollandaise on an English muffin

#### VARACRUZ STYLE BREAKFAST | 14

Scrambled eggs with refried beans topped with melted cheese and toreador pepper, served with warm flour tortillas and guacamole, a dish not to be missed

#### **OMELETTES**

#### THREE WHOLE EGG OMELET OR EGG WHITE OMELET | 13

With toast bread and your choice of fillings: ham, bacon, spinach, tomato, mushrooms, onions, peppers, fine herbs, cheese

# TWO EGGS ANY STYLE | 12

Cooked as you wish, served with roasted potato, cured pork bacon, or herbs link sausages and toasted bread

# **BUTTERMILK PANCAKE | 12**

Stacked buttermilk pancakes with a choice of Nutella or mixed berries coulis and warm maple syrup

# FRENCH TOAST | 12

This classic brioche bread is served with maple syrup

# EXTRA SIDES | 4

Sausages, cured pork bacon, roasted potato, ham

#### **WELLNESS BREAKFAST**

# QUINOA AND CHIA PORRIDGE (330 calories) | 15

Warm porridge made with almond milk, a touch of honey, and cinnamon. Topped with dried fruit.

#### OVERNIGHT OATS (300 calories) | 16

Cold breakfast cereal with overnight rested oats, low- fat milk, fat free Greek yogurt, chia seeds, flaxseeds, and honey. Garnished with dried fruits and almond slivers.

#### BREAKFAST WRAP (220 calories) | 18

Two egg whites and one whole egg with your choice of any combination of mushrooms, tomatoes, onions, bell peppers, and spinach. All wrapped inside a tortilla.

Add Avocado (310 calories)

# **WELLNESS JUICES**

#### CRANBERRY HEALER (110 calories) | 12

Prevent infection, support urinary tract and vascular health.

Cranberry, cucumber, beetroot, orange, and lime.

#### BLOOD BUILDER (90 calories) | 12

Improve circulation, reduce inflammation, boost immunity, and brighten mood. Green apple, beetroot, carrot, and turmeric.

#### GARDEN FRESH (80 calories) | 12

Daily Dose of vegetables to help prevent disease. Tomato, carrot, celery, spinach, and beetroot.